

Kate Lass

Advanced Actor Combatant, SAFD

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Choreography and Stage Combat Performance

Plaid as Hell	Asst. Fight Choreographer: Unarmed / Found Weapons	Babes with Blades Theatre Co.
Child's Play	Fight Choreographer: Unarmed / Bound Fighting	Babes with Blades Theatre Co.
Killed a Man (Joking)	Fight Choreographer: Knife	First Floor Theatre / The Sound
Hell Followed With Her	Asst. Fight Choreographer: Unarmed / Firearms	Wildclaw Theatre
Romeo and Juliet	Fight Choreographer: Unarmed / Rapier & Dagger	Teatro Vista
American Jornalero	Fight Choreographer: Unarmed	Teatro Vista
The Wayward Women	Fight Choreographer: Single Sword	We Three Plays
The Passion of Boudicca	Fight Captain / Fighter: Sword and Shield	We Three Plays
Wasteland Hero	Fighter: Unarmed / Found Weapons	Reutan Collective
A Steampunk Christmas Carol	Fight Choreographer: Found Weapons	E.D.G.E. Theatre Company
Angels in America: Perestroika	Fight Choreographer: Unarmed	ACT 1 Theatre
The Green Bird	Fighter: Quarterstaff	The Cuckoo's Theater Project
Anon(ymous)	Fight Choreographer: Unarmed / Single Sword	The Cuckoo's Theater Project
Peter/Wendy	Fight Choreographer: Single Sword / Found Weapons	The Cuckoo's Theater Project

Stage Combat Teaching Experience

"Stage Combat for Stage Managers"	Private Class	Chicago, IL	Oct 2022
Starter Track: Unarmed	Texas Intensive	Houston, TX	Sept 2022
Starter Track: Single Sword	Texas Intensive	Houston, TX	Sept 2022
"Logic of the Fight"	Open Gate Movement Arts	Chicago, IL	Aug 2022
Intro to Single Sword	Private Instruction	Chicago, IL	Sept-Dec 2020
Rapier and Dagger Workshop	Private Instruction	Virtual	April 2020
"Rapier AND Dagger"	Cease and Desist Workshop	Cincinnati, OH	March 2019
Intro to Quarterstaff	Nashville Children's Theatre	Nashville, TN	Oct 2019
Intro to Single Sword	Nashville Children's Theatre	Nashville, TN	Oct 2019
Intro to Single Sword	Nashville Children's Theatre	Nashville, TN	July 2019
"Get On My Level"	Cease and Desist Workshop	Cincinnati, OH	March 2018
Intro to Unarmed	Private Class	Chicago, IL	Feb 2018
Intro to Unarmed	Chicago Waldorf School	Chicago, IL	Oct 2017

Education & Workshop Experience

The Actors Gymnasium - Evanston, IL - 2018-present (teaching assistant)
Summer Sling - New York City, NY - 2022 (assistant staff)
The Stage Combat Workshop @ LA Tech - Ruston, LA - 2022 (teaching assistant)
The National Stage Combat Workshop - Ruston, LA - 2019, 2021 (intern)
Winter Wonderland Workshop - Chicago, IL - 2019, 2022 (teaching assistant) // 2017, 2018 (intern) // 2015, 2016, 2020 (participant)
Social Distance Showdown - Virtual - 2020
Trapped Inside Workshop - Virtual - 2020
MACE - Chicago, IL - 2019 (teaching assistant)
Brawl of America - Minneapolis, MN - 2017 (intern)
Empire Workshop - London - 2013
Columbia College Chicago: Graduated 2014 - Acting Major, Stage Combat Minor

Certifications

Society of American Fight Directors

- Recommended Passes in Smallsword, Single Sword, Rapier & Dagger, Broadsword, Sword & Shield, Quarterstaff (renewed 2022), Knife, and Unarmed (renewed 2021)
- Firearms Safety Course (renewed 2022)

British Academy of Stage and Screen Combat

- Passes in Rapier & Cloak (2018), Unarmed, Rapier & Dagger, and Broadsword (2012)

Related Training

Theatrical Intimacy Education

- Best Practices (2022)
- Consent for the Acting Classroom (2022)

Intimacy Directors International

- Intimacy in Performance Intensive (2018)
- Intimacy for the Stage Workshop (2017)

Other

- Unarmed Masterclasses with Chuck Coyl (2022) and Leraldo Anzaldua (2018)
- Society of American Fight Directors Professional Series (2020-2022)
- History and Theory for the Stage Combat Instructor with Dan Granke, Nigel Poulton, and Samantha Egle (2020)
- Blood Effects Workshop with Greg Poljacik (2015)
- Feldenkrais Classes with Suzanne Thompson (2011-2014)