

Kate Lass

Certified Teacher, ILFDC
Advanced Actor Combatant, SAFD
Associate Member, SDC

Selected Fight Choreography and Stage Combat Performance

when she went to mantua	Fight Choreographer: Knife	Black Cat Theatre
American Psycho: The Musical	Fight Choreographer: Knife / Axe	Kokandy Productions
Grand Family Foods	Fight Choreographer: Knife	2nd Act Players
The Creators	Fight Choreographer: Unarmed	Three Brothers Theatre
A Midsummer Night's Dream	Fight Choreographer: Unarmed / Single Sword	Big Noise Theatre
Plaid as Hell	Asst. Fight Choreographer: Unarmed / Found Weapons	Babes with Blades Theatre Co.
Child's Play	Fight Choreographer: Unarmed / Bound Fighting	Babes with Blades Theatre Co.
Killed a Man (Joking)	Fight Choreographer: Knife	First Floor Theatre / The Sound
Hell Followed With Her	Asst. Fight Choreographer: Unarmed / Firearms	Wildclaw Theatre
Romeo and Juliet	Fight Choreographer: Unarmed / Rapier & Dagger	Teatro Vista
American Jornalero	Fight Choreographer: Unarmed	Teatro Vista
The Wayward Women	Fight Choreographer: Single Sword	We Three Plays
The Passion of Boudicca	Fight Captain / Fighter: Sword and Shield	We Three Plays
Wasteland Hero	Fighter: Unarmed / Found Weapons	Reutan Collective
A Steampunk Christmas Carol	Fight Choreographer: Found Weapons	E.D.G.E. Theatre Company
Angels in America: Perestroika	Fight Choreographer: Unarmed	ACT 1 Theatre
The Green Bird	Fighter: Quarterstaff	The Cuckoo's Theater Project
Anon(ymous)	Fight Choreographer: Unarmed / Single Sword	The Cuckoo's Theater Project
Peter/Wendy	Fight Choreographer: Single Sword / Found Weapons	The Cuckoo's Theater Project

Stage Combat Teaching Experience

Strike & Reason	Unarmed, Knife, Rapier & Dagger, Smallsword, Broadsword, Quarterstaff, Sword & Shield, and Single Sword	Chicago, IL	2018-present
The Actors Gymnasium	Knife, Unarmed	Evanston, IL	2024
Stage Combat Workshop @ LA Tech	Single Sword	Ruston, LA	2024
The Fredricksen Intensive	Knife	Ann Arbor, MI	2023
Three Brothers Theatre	Unarmed / Slapstick	Waukegan, IL	2023
Highland Park High School	Unarmed	Highland Park, IL	2023
Open Gate Movement Arts	Broadsword, Unarmed, Rapier & Dagger	Chicago, IL	2022-2023
Roosevelt University	Unarmed	Chicago, IL	2023
The Texas Intensive	Unarmed, Single Sword	Houston, TX	2022
Cease and Desist Workshop	Unarmed, Rapier & Dagger	Cincinnati, OH	2018-2019
Nashville Children's Theatre	Single Sword, Quarterstaff	Nashville, TN	2019
Chicago Waldorf School	Unarmed, Single Sword	Chicago, IL	2017

Certifications

Society of American Fight Directors

- Recommended Passes in Broadsword, Knife (renewed 2023), Unarmed, Smallsword, Single Sword, Rapier & Dagger, Sword & Shield, and Quarterstaff (renewed 2022)
- Firearms Safety Course (renewed 2022)

British Academy of Stage and Screen Combat

- Passes in Rapier & Cloak (2018), Unarmed, Rapier & Dagger, and Broadsword (2012)

Education & Workshop Experience

The Actors Gymnasium - Evanston, IL - 2018-present (teaching assistant)

The Mentoring Advanced Combatants Intensive - Bloomington, IN - 2023

The Fredricksen Intensive - Ann Arbor, MI - 2023 (teaching assistant)

The Tourist Trap - Orlando, FL - 2023 (intern)

Summer Sling - New York City, NY - 2022 (assistant staff)

The Stage Combat Workshop @ LA Tech - Ruston, LA - 2022 (teaching assistant) // 2023 (participant)

The National Stage Combat Workshop - Ruston, LA - 2019, 2021 (intern)

Winter Wonderland Workshop - Chicago, IL - 2019, 2022, 2023 (teaching assistant) // 2017, 2018 (intern) // 2015, 2016, 2020 (participant)

Social Distance Showdown - Virtual - 2020

Trapped Inside Workshop - Virtual - 2020

MACE - Chicago, IL - 2019 (teaching assistant)

Brawl of America - Minneapolis, MN - 2017 (intern)

Empire Workshop - London - 2013

Columbia College Chicago: Graduated 2014 - Acting Major, Stage Combat Minor

Related Training

Association of Mental Health Coordinators

- Foundations of Mental Health Coordination (2023)
- Artistic Mental Health Practitioner Course Level 1 (2023)

Theatrical Intimacy Education

- Intimacy Choreography for Live Performance (2023)
- Actors & Intimacy (2023)
- Consent for the Acting Classroom (2022)
- Best Practices (2022)

Intimacy Professionals Education Collective

- Robust Closure Practices (2023)

Intimacy Directors International

- Intimacy in Performance Intensive (2018)
- Intimacy for the Stage Workshop (2017)

Other

- Unarmed Masterclasses with Chuck Coyl (2022) and Leraldo Anzaldúa (2018)
- Society of American Fight Directors Professional Series (2020-2022)
- History and Theory for the Stage Combat Instructor with D Granke, Nigel Poulton, and Samantha Egle (2020)
- Blood Effects Workshop with Greg Poljacik (2015)
- Feldenkrais Classes with Suzanne Thompson (2011-2014)